

Mutah university/Faculty of Nursing, Po:box: 61710, Jordan

**Date of Birth:** 01/04/1977

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### **Objective**

To develop and gain further research and administrative skills at the local and international levels in health related sciences in general, and in particular, in nursing.

### **Academic**

2005-2009: PhD Degree/ Queen Margaret University /UK

Thesis Title: The role of Jordanian hospoital nurses in promoting patients' health

Supervisors: Dr Shona Cameron, Professor Barbara McaPake, Dr Margaret Leppard Brief Synopsis of Research:

The thesis examined nurses' roles in heath promotion in a large teaching hospital in Jordan. Using a case study design and triangulated methods approach, the study involved four phases. The first phase examined nurses' role in health promotion using focus group discussions (n=8), non-participant observations and semi-structured questionnaires. The second phase focused on patients' understanding of health and health promotion using focus group discussions (n=8). The third phase examined health promotion from the perspective of hospital stakeholders and a nursing educationalist. The fourth phase included documentary review of nurses' job descriptions and nursing philosophy of care. The thesis develops a conceptual model illuminating Jordanian hospital nurses' role in health promotion together with contributing factors.

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### 2002-2004 MSc in Nursing and Continuing Care

### Napier-Edinburgh University/UK

Maiı	n Modules included:	_	
	Nursing Leadership		Exploring Expert Practice
	Evidence Based-Practice (1)		Research Methods
	Evidence Based-Practice (2)		Dissertation (Glasgow Coma Scale)
1005-2000: BSc in Coneral Nursing			

1990- 1995: Secondary School Certificate-Scientific Scheme Jordan- Al- Shouback Average 85%

**Jordan University** 

## **International Courses and Workshops:**

### 2007: Effective Personal Development Course (distinction)

#### Telford College /UK

This was a 12 week distance learning course. It focused on diverse issues of relevance to effective and professional personal development. This included time management skills, effective communication skills, documentation, teamwork, health and safety at work.

2006: Standards of Nursing Care in the UK (6 months).

2005: Clinical Manual and Handling Course. Western General Hospital. Edinburgh-Scotland. (Updated every year).

2005: Advanced CPR Course. Western General Hospital. Edinburgh-Scotland.

2005: Teaching and Assessment Course. Centre for Academic Practice (CAP). Queen Margaret University/ Edinburgh.

2005: Research Methods for PhD students. Centre for Academic Practice (CAP). Queen Margaret University/ Edinburg.

## Research and general skills:-

- Knowledge of different research methodologies and methods.
  This includes, qualitative and quantitative approaches.
  Specifically I am experienced in the following methods:
- Focus group discussions; undertaking, analysing and reporting the data.
- Semi-structured interviews; undertaking, analysing and reporting the data.
- Questionnaires; constructing, analysing and reporting data.
- > Observation; undertaking, analysing and reporting the data.
- > Documentary review.
- Meta analysis
- Statistical software: experiences in SPSS, N-Vivo (12) and filing and colour index method for qualitative data analysis.
- Writing and presenting reports.

#### At work .....

2018- Till now: Dean of Nursing Faculty/ Professor

20019: Early Promotion to Full Professorship

2017- 2018: Senior lecturer, Adult Health Nursing, Faculty of Nursing, Mutah University.

2013-2017: Dean of Nursing Faculty/ Associate Professor

2011-2013: Head of Adult Health Nursing

2010-2011. Dean's Assistant for student affairs.

### Aug 2007-2009: RGN:

I worked part time with Necroses Health Care Solutions as an in charge RGN In nursing homes in Edinburgh. Mainly, I needed to ensure the delivery of the highest care for elderly with diverse health problems. This job has enhanced my skills of adaptation to different health care settings.

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# Dec 2006-Aug 2007 Clinical Team Leader at Erskine Hospital, Edinburgh, UK

This position involved-

- > Arranging personal centred care plans for a wider range of elderly cases.
- > Supervising carers and staff nurses and identifying any learning needs.
- > Working with residents' families and external health professionals to ensure that all aspects of residents' health needs are met.
- > Ensuring that all carers and staff nurses are well supported and encouraged to work as a team.

This position called upon many skills I had learned as part of my nursing degrees and tested my ability to put them into practice in a 'real world' situation. I feel this position greatly enhanced my communication and leadership skills.

# Oct 2005-April 2006 RGN Clinical Neuroscience Department/ Western General Hospital, Edinburgh, UK

My duties and responsibilities involved-

- Offering acute care for patients with neurosurgical problems such as brain and spinal cord tumours, hydrocephalus and all types of brain injuries.
- Working with a multidisciplinary team (e.g. neurosurgeons, physiotherapists) and external organisations to ensure the best standards of care are delivered to patients.

Mainly, this position has enabled me to cope of with the patients' care demands in a busy NHS hospital. Thus, I developed further my time management skills and prioritising tasks strategies.

# Sep 1999- Oct 2002 1999-2002: Senior SN / Neuro ICU \_ Jordan University Hospital.

This position involved similar responsibilities to above but with more Involvement in mentoring nursing students, junior nurses and managing resource at the unit level.

## **Professional Registrations**

- RGN in Jordan since 1999.
- RGN in the UK since 2005.

## Conferences: organizing, attendance and presenting papers

- 1. March, 15-18, 2021, Telehealth (online international conference)
- 2. December, 12, 2019, High Fidelity Simulation based Education
- 3. March, 27-30, 2018, Nursing Education and Practice, Paper presented: "Morphine as the last on the list", Rome, Italy.
- 4. April, 10-12, 2018, Clinical Nursing: reality and future opportunities, Mutah University
- 5. April 22-23, 2015 Transforming Quality Nursing Care: Promise and Potential.
- 6. October 05-07, 2015, 4<sup>th</sup> of international conference on nursing and health care, San Francisco, USA: Pain management following surgery: the perspective of patients.
- 7. April 23-24, 2013: International Nursing Conference: The Tipping Point: Creative Solutions to Health and Nursing Challenges/Jordan.

April, 27 - 28, 2011: The Jordanian European cooperation in higher education and research. Jordan.

- 8. June 30- 3rd July 2011: National Conference of Cancer Self-Help Groups. Manchester/ UK.
- 9. April 15, 2010 Primary health care: the energies and potentials Mutah university/ nursing faculty
- 10. April 20-23, 2010: The Third International Nursing Conference The Heart of the Matter: Relevance of Nursing Responsiveness.
- 11. May 20,04,2010 The conference of PhD theses/ The university of Jordan: Paper presented: Reflection on my PhD thesis
- 12. June 15-17, 2010: National conference for the development of study plans, teaching and learning, and scientific research, Jordan.
- 13. March 25, 2009 PhD students' conference. Queen Margaret University/Scotland.

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## **Funded projects and scholarships**

- 1. 2020, Co-investigator of wound care project in the USA, 300, 000 Dollars.
- 2. 2018, Co-investigator of Depression Among Adolescent Project, 28200 Dollars, The University of Jordan
- 3. 2017, Securing a Fund of 100650 dollars for developing High Fidelity Simulation Research, Mutah University
- 4. 2016: Coordinating a joint master program among 9 countries from Europe and Middle East funded by Erasmus plus (750,000 Euro)
- 5. 2015, Securing a fund of 84850 dollars from the Arab Potash Company for the faculty of nursing action plan.
- 6. 2013: Awarded the Fulbright scholarship
- 7. 2013 securing a fund of 4100 JD from Abd-Alhameed Shoman to conduct a study about Pain management from the perspective of nurses and patients
- 8. 2012, securing a fund of 1200 Dollars from Mutah University to conduct a study about health promotion in emergency department.
- 9. 2002 MSc and PhD scholarships from Mutah University to complete my postgraduate studies in the UK.

### **Main Committees**

- I. Scientific Research and Innovation Support Fund Committee, Ministry of Higher Education and Scientific Research, Jordan
- II. Scientific Research and Ethics Committee
- III. Scientific Research for national and international conferences
- IV. Postgraduate studies Committee
- V. Curriculum development Committee
- VI. Quality assurance Committee
- VII. Recruiting, employing new lectures and clinical instructors Committee
- VIII. Scholarships Committee
  - IX. Students affairs Committee
  - X. Clinical placement regulations Committee
- XI. Academic Promotion criteria Committee
- XII. Establishing new master programs Committee
- XIII. The university journal Committee

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#### **Research Interests and Roles**

My current research centres around health promotion, health education, clinical placement, nursing education, pain management, health policy, neuroscience nursing and elderly care. I am also an external examiner for BSc, MSc and PhD students. Currently I am a reviewer for some internationally recognised journals.

# Publications (All Published in ISI and well indexed International Journals)

- **1-** Singh, C., & **Shoqirat**, **N**. (2021). Community-Acquired Pressure Injuries in the Acute Care Setting. *Advances in Skin & Wound Care*, *34*(3), 1-4.
- **2-** Mahasneh, D., **Shoqirat, N**., Alsaraireh, A., Singh, C., & Thorpe, L. (2021). From Learning on Mannequins to Practicing on Patients: Nursing Students' First-Time Experience of Clinical Placement in Jordan. *SAGE Open Nursing*, 7, 23779608211004298.
- **3-** Singh, C., Tay, J., & **Shoqirat**, **N**. (2020). Skin and Mucosal Damage in Patients Diagnosed With COVID-19: A Case Report. *Journal of Wound Ostomy & Continence Nursing*, 47(5), 435-438.
- **4-** Singh, C., Loseth, C., & **Shoqirat**, **N.** (2020). Women in surgery: a systematic review of 25 years. *BMJ Leader*, leader-2019-000199.
- **5-** Al-Momani, M., **Shoqirat,.** N., Al-Teete, R., & Younis, M. (2020). what do nurses think about sexual health care for men in jordan? a qualitative study. 24.
- **6-** Mahasenh, D, **Shoqirat**, N, Charleen, S, Hawks,. (2020)"From the classroom to Dr. YouTube": nursing students' experiences of learning and teaching styles in Jordan. Teaching and Learning in Nursing. https://doi.org/10.1016/j.teln.2020.09.008
- **7-** Mahasneh, D., **Shoqirat**, N., Al Hadid, L., Alja'afreh, M. A., & Shosha, G. M. A. (2020). Nursing students' experience of clinical supervision and contributing factors in Jordan. *Nurse Education Today*, *92*, 104515.
- **8-** Khlaifat, A. M., Al-Hadid, L. A., Dabbour, R. S., & **Shoqirat**, **N.** (2020). Cross-sectional survey on the diabetes knowledge, risk perceptions and practices among university students in South Jordan. *Journal of Diabetes & Metabolic Disorders*, 1-10.
- **9-** Al Hadid, L, Barmawi, M, **Shoqirat**, N, and Al Hmaimat, N (2020) "Factors associated with prehospital delay among men and women newly experiencing

- acute coronary syndrome: A qualitative inquiry". Cardiology Research and Practice.
- **10- Shoqirat, N**., Mahasneh, D., Al-Khawaldeh, O., & Al Hadid, L. (2019). Nurses' Knowledge, Attitudes, and Barriers Toward Pain Management Among Postoperative Patients in Jordan. *Journal of PeriAnesthesia Nursing*, *34*(2), 359-367.
- **11- Shoqirat, N.,** Mahasneh, D, Charleen, S & Al Hadid, L (2019) and Do Surgical Patients' Characteristics and Behaviors affect Nurses' Pain Management Decisions in Jordanian university hospital?: A Qualitative Inquiry. *International Journal of Nursing Practice* (Accepted).
- **12-Shoqirat, N.**, Mahasneh, D., Al-Khawaldeh, O., & Singh, C. (2019). Postoperative patients in Jordan: Pain prevalence, characteristics, beliefs, and satisfaction. *Pain Management Nursing*.
- **13- Shoqirat, N.,** Mahasneh, D., Al-Khawaldeh, O., & Singh, C. (2019). Using Opioids With Surgical Patients: Nurses' Attitudes and Experiences. *Journal of Trauma Nursing*, 26(1), 26-32.
- **14- Shoqirat, N.,** Almajali, A., & Alsaraireh, A. (2019). "From a Family Home to Hell": Experiences and Consequences of Intimate Partner Violence Among Married Jordanian Women. *Issues in mental health nursing*, 40(1), 33-40.
- **15- Shoqirat, N.**, Mahasneh, D., Dardas, L., Singh, C., & Khresheh, R. (2019). Nursing Documentation of Postoperative Pain Management: A Documentary Analysis. *Journal of nursing care quality*, *34*(3), 279-284.
- **16- Shoqirat, N.**, Mahasneh, D., Khresheh, R., Singh, C., Al-Momani, M. M., & Al-Kalaldeh, M. (2019). Factors Influencing Patients' Experiences of Pain Management in the Emergency Department. *Canadian Journal of Nursing Research*, 0844562119851332.
- **17- Shoqirat, N.**, Mahasneh, D., Singh, C., AL-Sagarat, A. Y., & Habashneh, S. (2019). Barriers to nursing pain management in the emergency department: A qualitative study. *International journal of nursing practice*, e12760.
- **18-** Singh, C. D., & **Shoqirat**, **N**. (2019). Pressure Redistribution Crib Mattress: A Quality Improvement Project. *Journal of Wound Ostomy & Continence Nursing*, 46(1), 62-64.
- **19-** Dardas, L. A., **Shoqirat, N.,** Abu-Hassan, H., Shanti, B. F., Al-Khayat, A., Allen, D. H. (2019). Depression in arab adolescents: a qualitative study. *Journal of psychosocial nursing and mental health services*.
- **20-** Dardas, L. A., **Shoqirat**, N., Xu, H., Al-Khayat, A., Bani Ata, S., Shawashreh, A. (2019). Comparison of the performance of the Beck Depression Inventory-II and the Center for Epidemiologic Studies-Depression Scale in Arab adolescents. *Public Health Nursing*.
- **21-** Khresheh, R., Barclay, L., & **Shoqirat, N.** (2019). Caring behaviours by midwives: Jordanian women's perceptions during childbirth. *Midwifery*, 74, 1-5.
- **22-** Myers, P. R., **Shoqirat,** N., Allen, D. H., & Dardas, L. A. (2019). Patients with diabetes observing Ramadan: The experience of Muslims in the United States. *Diabetes research and clinical practice*, *150*, 282-287.
- **23-** Al Barmawi, M. A., Subih, M., Salameh, O., Sayyah Yousef Sayyah, N., **Shoqirat, N**., & Abdel-Azeez Eid Abu Jebbeh, R. (2019). Coping strategies as moderating factors to compassion fatigue among critical care nurses. *Brain and behavior*, *9*(4), e01264.
- **24-** Al Tarawneh, T., **Shoqirat**, N., & Almalik, M. (2019). "Being relieved and puzzled": A qualitative study of first time fathers' experiences postpartum in Jordan. *Women and Birth*.

- **25-** Almajali, A., **Shoqirat, N.,** & Alsaraireh, A. (2019). "When I get married...": Contributing factors to intimate partner violence among married Jordanian women: A qualitative study. *Health care for women international*, 40(1), 66-82.
- **26-** Charleen Singh, **N. Shoqirat.,** Shannon Feehan, Kristine M Taylor, MaryAlice M Gowen. (2018). The Benefits of Using Adult Learner Theory to Develop a Nursing Policy for Maintaining Skin Integrity around the VAD Site on a Pediatric Cardiac Unit. *Journal of Healthcare Communications*, 3(1(6)), 1-5.
- **27-** Singh, C., & **Shoqirat**, N., Feehan, Shannon, M Taylor, Kristine, Gowen MaryAlice M. (2018). The Impact of Pediatric Pressure Injury Prevention Bundle on Pediatric Pressure Injury Rates. *Journal of Wound, Ostomy and Continence Nursing*, 45(3), 209-212.
- **28-** Tariq Mustafa Al–Abbass, R. H. A., **N Shoqirat**, Hala Obeidat4. (2016). The Effect of Parental Presence in Decreasing Pain Level for Children during Venipuncture. Journal of Nursing and Midwifery.
- **29-Shoqirat, N.,** & Abu-Qamar, M. e. Z. (2015). From placement to employment: Career preferences of Jordanian nursing students. *Nurse education in practice*, 15(5), 366-372.
- **30-Shoqirat, N.** (2015). 'We are nurses, they are doctors': Barriers to nurses' roles in pain management following surgery in J ordan. *International journal of nursing practice*, 21(2), 200-206.
- **31-Shoqirat, N.,** & Fontanet, A. (2015). Development of a conceptual model of the role of hospital nurses in health promotion in Jordan. *EMHJ-Eastern Mediterranea*, 21(3), 213-219.
- **32-Shoqirat, N**. (2014). 'Let other people do it...': the role of emergency department nurses in health promotion. *Journal of clinical nursing*, 23(1-2), 232-242.
- **33-Shoqirat, N.** (2014). "Sleepless nights and sore operation site": Patients' experiences of nursing pain management after surgery in Jordan. *Pain management nursing*, 15(3), 609-618.
- **34-Shoqirat**, N. (2014). What Is Being Promoted? Hospital Nurse Knowledge of Health in J ordan. *International journal of nursing knowledge*, 25(1), 9-13.
- **35-Shoqirat, N.,** & Cameron, S. (2013). A qualitative study of hospital patients' understanding of health promotion. *Journal of clinical nursing*, 22(19-20), 2714-2722.
- **36-Shoqirat, N.,** & Abu-Qamar, M. e. Z. (2013). Clinical placement in Jordan: qualitative views of final year nursing students. *Australian Journal of Advanced Nursing, The*, *30*(4), 49.
- **37-Shoqirat**, N. (2012). Images of Health Among Hospital Patients in Jordan A qualitative Study. *environment*, 27, 28.
- **38- Shoqirat, N.,** & Cameron, S. (2012). Promoting Hospital Patientsâ€<sup>TM</sup> Health in Jordan: Rhetoric and Reality of Nursesâ€<sup>TM</sup> Roles. *International Journal of Nursing, 1*(1), 27-36.
- **39-Shoqirat, N**. (2009). The role of Jordanian hospital nurses in promoting patients' health. Queen Margaret University,
- **40-Shoqirat, N**. (2006). Nursing students' understanding of the Glasgow Coma Scale. *Nursing Standard (through 2013), 20*(30), 41.

## **Submitted Papers For Publication**

1- Health-Promoting Lifestyle and Diabetes Knowledge in Adults with Type 2 Diabetes attending Ambulatory Health Care Services in Jordan. Journal of Diabetes & Metabolic Disorders.

- 2- Measurement invariance of the Childhood Autism Rating Scale (CARS) across six countries (International Project). Autism Research.
- 3- Nurses' Experiences of Psychosocial Care Needs of Children with Thalassemia and Their Families in Jordan: A Phenomenological Study. Nursing Open

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## **Current Projects**

- I. Pain management and gender
- II. High fidelity simulation and clinical placement.
- III. Nursing education
- IV. Wound Management

### Referees

**Prof. President of The University** 

Thafer Yusif Assaraira

**Prof. President of the university** 

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